

The Tingey Painting with Parkinsons Program (TINCAN)TM

The *Tingey Painting with Parkinsons Program* is an art therapy program that supports people living with Parkinson's. The weekly sessions encourage participants to freely explore art materials presented, and work without interruption while listening to meditative music. The purpose is to bring relief to symptoms and improve wellbeing.

Classes are held onsite at the Dixon Gallery and Gardens.

Wednesdays, 10:00am – 12:00pm

UPCOMING SESSIONS

January 4 – March 22, 2023 April 12 – June 7, 2023 August 2 – September 6, 2023 September 27 – November 1, 2023

Register at: www.dixon.org

For detailed program information, visit: <u>www.paintingwithparkinsons.org.au</u>

For more information on Parkinson's support, visit: www.901parkinsonsfighters.com



4339 PARK AVENUE MEMPHIS, TN 38117 | DIXON.ORG

Paintings by Chip Westbrook and Pat Canale, 2022