

EXERCISE: THE BEST MEDICINE



Dr. Thomas L. Davis

OCTOBER 21, 2022

DANCE FOR PARKINSON'S | 10 - 11 AM
DR. THOMAS L. DAVIS | 11:15 AM - 12:30 PM



Dr. Amy Ly

WORKSHOP AND TALK BY DR. DAVIS ARE OPEN TO THE PUBLIC
PLEASE REGISTER ONLINE BY 10.20.22 at WWW.901PARKINSONSFIGHTERS.COM

Ballet Memphis and **901 Parkinson's Fighters** are pleased to host Dr. Thomas L. Davis, director of the Division of Movement Disorders, Medical Director of the **Vanderbilt Parkinson's Foundation Center of Excellence**, and attending physician at Vanderbilt University Medical Center. Dr. Davis will be introduced by his former resident, Memphis-based Dr. Amy Ly, a board certified neurologist and medical acupuncturist with **Integrative Health Associates**.

Join us before the talk for our lively Dance for Parkinson's class at 10am in the Ballet Memphis studios. Spend an hour led by Julie Niekrasz and Kristen Osborne Lucas doing exercises that stimulate the mind and body. Caregivers are welcome.

For more information, call Ballet Memphis at 901-737-7322.

ballet
memphis

**901 PARKINSON'S
FIGHTERS**

 Parkinson's
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